



## SASH News

### **SASH Winner of the APHA Archstone Foundation Award**

Archstone Foundation's Award for Excellence in Program Innovation identifies best practices models in the field of aging and health. Emphasis is given to programs that effectively link academic theory with applied practice in the field of aging and public health.

The Award was presented to SASH staff at the 144th Annual Meeting of the American Public Health Association on October 31, 2016 in Denver, CO.

[Read the Full Press Release](#)



The Rural Health Information Hub (RHlhub), a national on-line resource for rural health issues, highlighted SASH in their Model and Innovation section recently. The SASH model's ability to serve rural residents by embedding staff in affordable housing properties that exist in our smallest towns and reaching out to Medicare beneficiaries in the surrounding areas was especially appealing to the RHlhub.



[Read Article Here](#)

## Partner Announcements



### VT Department of Mental Health Announces New Crisis Text Line

Vermonters who are experiencing a mental health crisis now have a new way to find support when and where they need it, 24 hours a day.

Crisis Text Line™ provides free, round-the-clock support, seven days a week by providing access via text messaging to trained Crisis Counselors at the moment help and support are needed.

[Read Full News Release](#)

[Fact Sheet](#)

[Related Materials](#)

[TED Talk on VT Crisis Text Line](#)



## Professional Resources

### National Family Caregiver Month Opportunity from Road Scholar

Road Scholar's Caregiver Grants provide financial assistance to enable unpaid family caregivers who are age 50 and older to experience enriching learning adventures.



[Learn More Here](#)

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**Webinar Series: Reducing Non-Emergent ED Utilization**

**Next Webinar - December 7th:  
Addressing Geriatric Issues  
with Dr. Michael Lamantia, Geriatric  
Specialist**

*"An increasing number of people are using hospital emergency departments (ED) for non-urgent care and for conditions that could have been treated in a primary care setting. Nationally, 56 percent, or roughly 67 million visits, are potentially avoidable. Reducing this trend represents a significant opportunity to improve quality and lower costs in health care."*

*Reducing Emergency Department Overuse: A \$38 Billion Opportunity \*Pamphlet+. (2010). National Priorities Partnership.*

Please join nationally recognized geriatrician, Dr. Michael Lamantia on Dec. 7th to talk about how to address common geriatric issues and avoid visits to high cost centers of care that may result in further illness and discomfort to the patient.

[Register for the Webinar](#)

The Regional Clinical Performance Committee (RCPC), a team of cross-organizational members across Chittenden County, has been working collaboratively to improve health outcomes in our region.

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**Opioid Treatment Information**



Department of Health  
Agency of Human Services

Introducing a new resource put out by our partners at the Vermont Department of Health. Feel free to use this patient handout as an education tool with your SASH participants who are prescribed opioids.

[Resource Sheet](#)

## Professional Development Training

### Statewide Opportunities

#### Full Calendar of Training Events

- November 18 - Delivering Culturally Competent Care to LGBTQ Individuals, webinar
- November 22 - SBIRT Substance Abuse Awareness & Screening Training, Barre
- November 22 - Understanding and Responding to Dementia Related Behaviors, St. Albans
- December 6 - The Basics: memory loss, dementia and Alzheimer's disease, Hinesburg
- December 7 - Effective Communication Strategies, Barre
- December 7 - Avoiding the ER: Addressing Geriatric Issues, on-line

- December 12 - Worker Safety, Randolph

2017

- January 25 - A Day with Dr. Gabor Mate, Burlington
- April 8 & 9 - Tai Chi Fall Prevention Basics & Teaching Method, TBA
- May 1 - Tai Chi Fall Prevention Advanced Movements (moves 7-12), Barre
- June 10 & 11 - William Ting Workshop on Qigong & Tai Chi Principles, Burlington

## SASH Online

### SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.

### SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website [sashvt.org](http://sashvt.org).



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### Keep in touch!

SASH Referrals | Statewide Contacts | Admin Team | Website