



Nina Lovejoy has her blood pressure checked by SASH wellness nurse Rice Haunstrup.

## SASH Updates

### SASH Expands to Rhode Island's Saint Elizabeth Community Housing

SASH staff from Cathedral Square spent March 10 in Rhode Island training staff at [Saint Elizabeth Community \(SEC\)](#), a housing nonprofit based in Providence, which is the first housing organization outside Vermont to fully replicate SASH. In keeping with the fundamental SASH premise that everyone has a role to play in helping residents stay healthy at home, trainees from SEC included the vice president, chief operating officer, wellness nurse, care coordinator, resident services coordinator, and maintenance and custodial staff. It was a full and productive day of learning and sharing!



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**Research Article: Nurses Can Lead the Way in ACO Payment Reform**

Writing in *Nursing Economics*, SASH wellness nurse Jessica Morrison (MS, APRN, AGPCNP-B) notes that nurses have a leadership role to play in transitioning to the ACO payment model, through which they can demonstrate their expertise in care coordination and provide increased value and cost savings. Read her article, "[Nursing Leadership in ACO Payment Reform](#)" (highlights added).



## Participants in Vergennes Surveyed on SASH

The Addison County Community Trust, a nonprofit housing provider and SASH host in the Vergennes area, conducted a brief survey of its SASH participants in January. SASH coordinator Diana Rule, wellness nurse Melissa Stockholm and the SASH program in general received lots of praise, while respondents cited the need for transportation as a detriment to participation in SASH programming.



[View Survey Results](#)

## Partner Programs & Announcements

### Alzheimer's Advocacy Day at the Vermont State House: April 6

The 2017 Alzheimer's Awareness & Advocacy Day at the Vermont State House starts at 9:30 a.m. on Thursday, April 6. Add your voice to draw attention to this devastating disease and the role of government in finding a cure.



[Learn More](#)

### Film Screening & Advance-Planning Panel Discussion: March 23

The Howard Center will present a free screening of the Frontline documentary "Being Mortal," featuring author and physician Atul Gawande (pictured), followed by a panel discussion on end-of-life conversations Thursday evening, March 23. The film examines care for the dying and training for medical professionals (or the lack thereof) in talking with patients about advance directives, chronic illness and death.



[Learn More](#)

## During Senior Nutrition Month, Praise for Home-Delivered Meals

March is Senior Nutrition Month, and events are scheduled throughout the state promoting proper nutrition for older adults. According to a survey by the Vermont Area Agencies on Aging, our state's five AAAs served nearly 800,000 meals to over 4,500 people in 2016 -- and **home-delivered meals helped 92% of recipients stay in their home, 62% manage a medical condition, and 75% eat more fruits and veggies.**



Central Vermont Council on Aging photo

[View More Survey Results](#)

## Commentary

### Remembering Florence Nightingale, A True SASH Pioneer

One of the most influential women of the nursing profession was Florence Nightingale, who took a community-health approach to solve public health problems. Women's History Month is an appropriate time to reflect on her important work and how our work in SASH builds on her legacy, says SASH educator Kristi Poehlmann, BSN, RN.



[Read More](#)

## Professional Development

### Statewide Opportunities

[\*Click here for the full calendar of upcoming trainings, with details and links.\*](#)

- Online self-paced course: Contemporary Issues in Geriatric Mental Health Care
- March 6 - Family-to-Family (12-week class start), Williston
- March 9 - Family-to-Family (12-week class start), Brattleboro
- March 10 - Vermont/New Hampshire Alzheimer's Habilitation Training, Lebanon NH
- March 20 - 2017 Gerontology Symposium: "Re-Framing Aging," Burlington
- March 23, 24, 30 & 31 - Diabetes Management HLW Facilitator Training, Waterbury
- March 24 - Housing Issues and Resources, Randolph
- March 28 - Reaching People with Arthritis: Strategies and Tools, webinar
- March 28 - Family-to-Family (12-week class start), St. Johnsbury
- March 28 - Fresh Start Refresher, Southern Tier, Rutland
- March 30 - Family-to-Family (12-week class start), Berlin
- March 30 & 31 - Powerful Tools for Caregivers: Class Leader Training, South Burlington

- April 5 - Vermont Geriatrics Conference, Montpelier
- April 8 & 9 - Tai Chi Fall Prevention Basics & Teaching Method, TBA
- April 11 -- 2017 Vermont Blueprint for Health Conference: Integrating Care Across Health & Human Services
- April 13 - Tai Chi Skill Builder, Barre
- April 13 - Fresh Start Refresher, Northern Tier, TBA
- April 17-21 - WRAP Facilitator Training for VT Recovery Education Project, Waterbury
- April 20 & 21 - Diabetes HLW Cross Training, Waterbury

## SASH Online

### SASH Job Opportunities

Check out [current positions available](#) with SASH organizations around the state.

### SASH Forum

For [current training information](#) as well as staff tools and resources, visit the [SASH Forum](#) on our website.

### SASH Website

For the most [up-to-date contact listing and referral forms](#), visit [sashvt.org](http://sashvt.org).



### Keep in touch!

[SASH Referrals](#) | [Statewide Contacts](#) | [Admin Team](#) | [Website](#)