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Shelburne participants visited the Stone Leaf Tea House in Middlebury and stopped at Vermont Cookie Love on the way home.

KUDOS to the Burlington Community SASH Team

Special Thanks for Helping in a Crisis

Recently the Burlington Community SASH Team went above and beyond their call of duty to help a man in crisis.

Having received a referral from a local agency they contacted the individual. They learned that he was not eligible for SASH but was clearly in crisis.

The SASH team did an excellent job of identifying the issues this man was facing and connecting him to the services in the area that could help.

Their work, along with some wonderful collaboration from two local health centers got this man connected to the care he needed.

It is so important to remember that when we receive a referral for someone that we cannot serve, either due to eligibility or wait lists, we make sure to connect them to other services that can help.

Thanks Burlington Community SASH Team for the great work!



SASH Coordinator, Cindy LaFrance, Wellness Nurse, Gretchen Decker, SASH Coordinators, Paul Hawkins and Sonam Geygong

Many Thanks and Best Wishes to Amy Perez, Training Specialist

Thank you Amy for 3 wonderful, dedicated years with SASH. We appreciate your tireless effort and enthusiasm travelling the state and getting to know all the SASH teams. You are always striving to innovate and improve.

As sad as we are to lose you, we are so happy for you to be near your family and wish you the very best in your new adventures.

A final tribute to Amy from all the SASH staff is here for all to see.



All Staff Training Day

Don't miss the 2nd Annual All SASH Staff Training Day! This will be a day full of interactive learning, opportunities for self-care and plenty of networking with your colleagues from around the state. Coffee and lunch will be provided. We hope to see all SASH Coordinators and Wellness Nurses for this once a year in-person event. We have been fortunate to partner with both the Dartmouth Centers for Health and Aging and the University of Vermont Center on Aging to make this a robust and invigorating day of shared learning.

Please register by 5/10/17 so that we can have CEU's available to all who want them.

[2017 All SASH Staff Day Registration Link](#)

[Review the Agenda Here](#)

SASH Flash Grab 'n' Go

Upcoming - June is:

- Alzheimer's & Brain Awareness Month
 - [Memory and Thinking](#)
 - [Vermont Resources](#)
- Cataract Awareness Month
 - [The Truth About Cataracts and Cataract Surgery](#)
 - [Foods that Fight Cataracts](#)
- Men's Health Month
 - [Tips for Good Health in Later Life](#)
 - [Nutrition for Older Men](#)

Wellness Nurse Corner

National Nurse's Week is May 6-12

Dear SASH Wellness Nurse Team -

I have so much to share with you this month! Great information has come my way in preparation of National Nurse's Week.

If there is 1 thing that you get out of this month's letter, READ this article, [How To Help Alzheimer's Patients Enjoy Life, Not Just ~Fade Away!](#).

So lets start with the 1st topic - YOU!

Monthly Webinars

SASH Coordinator Webinar

Please join us Wednesday, May 10 at 9:00 am

[Register for the Webinar Here](#)

We are coming up on our third "Open Forum" call of 2017. This is your time to get questions answered or talk with each other and share ideas. If you have something you would like to chat with other SASH Coordinators about or to get updates from the Admin team, [please let us know!](#)

Agenda: Statewide Updates and Open Forum Discussion

Wellness Nurse Webinar

Please join us Tuesday, May 16 at 8:30 am

[Register for the Webinar here](#)

Topic: Chronic Pain - Education, Management & Referrals for the SASH Participant

Agenda: Case Study presentation, Special guest speaker from Central Vermont Home Health & Hospice, Follow-up on Case Study and Q&A

SASH Job Opportunity

State-wide Training Coordinator Position

Cathedral Square, the Statewide Administrator of the SASH® model, is looking for a full time Training Coordinator to oversee our statewide SASH training platform; working collaboratively with affordable housing providers and community provider partners from across the state.

Are you:

- Passionate about helping people stay at home and in their communities?
- Experienced in creating and coordinating training opportunities and building systems to provide excellent educational opportunities?

- A "self-starter," who seeks out opportunities for collaboration, problem solving and innovation?
- Adept at building and maintaining effective and collaborative relationships?

If you have experience delivering high quality and innovative training experiences and are passionate about improving the delivery of health services in Vermont to improve lives, this opportunity may be just what you are looking for!

[View job description on the website](#)

Submit cover letter and resume to jobs@cathedralsquare.org EOE

SASH Staff & Panel Updates

SASH Directory Updates

Welcome:

- [Bethany Davis](#), Wellness Nurse - Sheldon Towers & Templewood Court, Rutland County

Help us keep the SASH directories up to date:

- [Review Your Team](#)
- [Make Changes to Your Team List](#)

Upcoming Professional Development Opportunities

Statewide Opportunities

Click on the [calendar](#) for further details on the trainings below.

- May 8 - Gray is the New Green, Concord NH
- May 9 - 2017 Vermont Lung Force Expo, South Burlington
- May 16 - Get to know Your SAMHSA - Supported National Consumer & Consumer-Supporter Technical Assistance Centers (NTAC), webinar
- May 16 - Providing Safe and Effective Nutrition for People with Dementia, webinar
- May 17, 18, 24 & 25 - Chronic Pain Management Facilitator Training, TBA
- May 17, 24 & 31 - Living with Alzheimer's for Late-Stage Caregivers, Colchester
- May 18 - Mindfulness with a Capital M: Focus, goodness, and peace for an uncertain world, Burlington
- A Spotlight on Older Adults and Behavioral Health, webinar
- May 19 - 2017 Gerontology Symposium "Re-Framing Aging", Rutland
- May 22 - Perspectives at End-of-Life: Suffering, Consciousness & the Power

of a Patient's Narrative conference, Fairlee

- May 24 & 25 - YMCA's Diabetes Prevention Program Leader Training, Waterbury
- May 25 - 2017 All SASH Staff Day, West Lebanon, NH
- June 1 - Healthy Living Workshop Refresher-Northern Tier, Waterbury
- June 5 - Supporting Individuals Experiencing Mental Health Issues, Randolph
- June 5 - Vermont Suicide Prevention Symposium, Killington
- June 7, 14, & 21 - Living with Alzheimer's for People with Alzheimer's, Colchester
- June 10 & 11 - William Ting Workshop on Qigong & Tai Chi Principles, Burlington
- June 28 - Living with Alzheimer's for Younger-Onset Alzheimer's, Colchester

SASH Online

SASH Job Opportunities

Check out **current positions available** with SASH organizations around the state on the [SASH website](#).

SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.

SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website sashvt.org.



Keep in touch!

SASH Referrals | Statewide Contacts | Admin Team | Website