



SASH 4th of July Celebration at Wright House in Shelburne

SASH Team Updates

Welcome Madeline Morris, Data Systems Manager

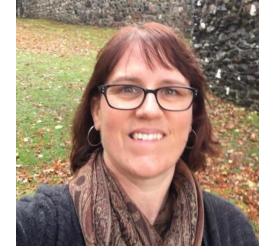
I am thrilled for the opportunity to work with the SASH model as the Data Systems Manager. I have a Master's degree in Public Health concentrating in Epidemiology. As a recent transplant from Colorado, most of my previous research was in medical marijuana. I find that it's my most exciting party trick and I'm happy to answer any of your questions when we meet in person.



Welcome Amy Rogers, Training Coordinator

I am very excited to join the SASH Administrative Team. I

moved to Vermont from California three years ago. I have been working at the State of Vermont since arriving here, first as the Training Chief for Economic Services and most recently as a Training Specialist with the Center for Achievement in Public Service.



I am a licensed Marriage and Family Therapist (LMFT) in California and a board certified art therapist (ATR-BC). I have a passion for working with vulnerable populations, creating and providing engaging training, and developing and maximizing the strengths of others. I look forward to meeting all of you!

SASH Team Resources

Need Volunteers?

SASH at Winooski Housing Authority is one of many local nonprofits partnering with the Senior Community Service Employment Program (SCSEP.) This partnership has arranged for a Home Health Aide, Jim Shea, to work with SASH participants. This relationship has proved very successful and there is no cost to an organization for hosting a SCSEP participant!

[Learn More](#)

by Kathy Morrison, SASH Coordinator

New Toolkit Available from Frameworks

Frameworks has released the Talking Elder Abuse toolkit, a collection of framing research, recommendations, and sample communications for professionals working with older adults.



The goal of the toolkit is to increase public understanding of elder abuse as a public concern, causes of elder abuse, and solutions to prevent elder abuse and improve the conditions and well-being of those who have experienced abuse.

[Learn more and access the toolkit.](#)

PHL Data System Updates

The PHL SASH-ification, testing and upload of participant data is all going well. We are working down to the wire to get ready for trainings over the next few weeks and the launch of the new system. It's an exciting time that is long overdue!

We are looking forward to your training either in person (**preferred**) or by webinar with Chris Forcucci and Stefani Hartsfield. PHL will be LIVE for your trainings so

we ask that you bring at least one assessment to the training so you can practice. If you have not already signed up for a training, please do so below:

[Register here for PHL in-person trainings](#)
[Register here for PHL webinar trainings](#)

You will be receiving your PHL username and password via email prior to your training:

1. **Please follow the instructions to log-on to PHL prior to the training.**
2. Troubles logging in, contact Emily at egosnell@preferredphm.com or 317.245.7482.

Care Navigator Training Opportunities

Care Navigator is now offering local support and trainings monthly as well as recurring webinars.

[Please click here for details](#)

Partner Announcements

SASH Sites Needed for [Stay Steady, Vermont Events](#) for Falls Prevention Awareness Day

For the past several years many SASH sites have hosted a Stay Steady Event during Falls Prevention Awareness in September. Maggie Holt from the VT chapter of the American Physical Therapy Association has been fabulous in helping to coordinate a local physical therapist coming out your SASH site to talk balance and safety and do free assessments with your participants. This has been a very popular event. See the message below from Maggie and fill out the form if you would like to host a Stay Steady Event at your SASH site this year.

Hello to Stay Steady site coordinators from last year... and to new candidates!

We are a little behind in scheduling events this year, sorry. We are nevertheless, excited to bring Stay Steady Vermont events to older Vermonters in 2017! Please respond to the following [questions](#) by August 18th if you would like to host an event between Sept 19-29 where education and screening about fall prevention occur. Events focus on education and screening about fall prevention by a Physical Therapist. We will work to match you up with people who are ready to come and do screenings.

If you are not familiar with Stay Steady Vermont, here is a an Across the Fence episode that explains it: [Stay Steady on Across the Fence](#)

[Interest Form to Host a Stay Steady Event at your Site](#)

Maggie Holt PT CEEAA
Mariana Wingood, DPT PT GCS CEEAA

Conference - Aging in Vermont: Communities on the Move

KEYNOTE ADDRESS: The Storybook Tour:
Stories From A Solo 11,491-Mile Drive
Across America Katherine Freund, Social
Entrepreneur for Senior Mobility and Founder
of Independent Transportation Network of
America.

PLENARY SESSION: Self-Neglect:
Understanding and Community Response

BREAKOUT SESSIONS: Understanding the
Needs of Caregivers and Available
Resources and Support; Self-Care for Professional Service Providers and
Volunteers: Maintaining Healthy Boundaries and Preventing Burnout; How to Start
and Manage a Volunteer Program; Innovations in Nutrition and Meals Programs;
Transportation

[Learn More Here](#)



Aging in Vermont: Communities on the Move

Organized By



September 15, 2017
Killington Grand Hotel Resort
& Conference Center

SASH Flash Grab 'n' Go

Upcoming: September is

- Healthy Aging Month
- Pain Awareness Month
- Falls Awareness Week

Excessive Heat & Impact on Health

Does it feel like summers are getting hotter up north? That's because Vermont is heating up -and this has National Weather Service and state health officials concerned. Nancy Reynolds attended the Extreme Heat Summit and shares her Grab 'n' Go article and PowerPoint on the SASH Forum.



Nancy invites statewide SASH staff to adjust and customize the article, especially the end, to suit their panel. Feel free to contact Nancy with any questions at reynolds@cathedralsquare.org or 802-859-8850 or 866-522-1943.

[Grab 'n' Go Article & Powerpoint on Excessive Heat](#)

Falls Prevention

The 10th annual Falls Prevention Awareness Day (FPAD) will be observed on Sept. 22, 2017-the first day of fall. In honor of this notable milestone, the theme of the event will be *10 Years Standing Together to Prevent Falls*.

This event raises awareness about how to prevent fall-related injuries among older adults.

[Learn More Here](#)

Depression & Coping

Coping with diabetes can be hard and stressful. But feeling anxious or depressed may make it even harder for you to take care of yourself and keep your blood sugar levels under control. [Diabetes](#)



The death or loss of a pet can be a traumatic experience and result in grief and bereavement. [Loss of a Pet](#)

Wellness Nurse Corner

Study: Older Adults Taking More than 5 Drugs Walk Slower

Here is another great reason for performing Medication Reconciliation in the home as part of our SASH Assessment!

Polypharmacy – taking five or more different prescription or non-prescription medications – can have negative side effects including falls, frailty, disability, and possibly death.

[Continue Reading](#)

[Geriatric Pharmacology for the Interprofessional Team training, Lebanon, NH](#)

Monthly Webinars

SASH Coordinator Webinar

NOTE: The August 9th webinar is cancelled to accommodate PHL trainings.

Please join us Wednesday, September 13 at 9:00 am

[Register for the Webinar Here](#)

Wellness Nurse Webinar

Please join us Tuesday, August 8 at 8:30 am *or* Friday, August 11 at 8:30 am

Topic: Medication Reconciliation

[Register for one Webinar Here](#)

SASH Staff & Panel Updates

SASH Directory Updates

Welcome:

- Madeline Morris, Data Systems Manager, Statewide
- Amy Rogers, Training Coordinator, Statewide
- Marina Ecklund, Wellness Nurse Fellow, CSC panels

Help us keep the SASH directories up to date:

- [Review Your Team](#)
- [Make Changes to Your Team List](#)

Upcoming Professional Development Opportunities

Statewide Opportunities

Click on the [calendar](#) for further details on the trainings below.

- August 4 - Motivational Interviewing, Wilder
- August 8 - PHL Data Systems Hands On Training, CCV Montpelier
- August 8 - PHL Data Systems Hands On Training, CCV Winooski
- August 9 - PHL Data Systems Hands On Training, CCV Brattleboro
- August 9 - Assessment and Treatment of Depression in Older Adults in Primary Care, webinar
- August 15 - PHL Data System, webinar
- August 16 - PHL Data System, webinar
- August 16 - Getting Outside Getting Moving, webinar
- August 17 - Medication Management Related to Anxiety and Depression in Older Adults, webinar
- August 21 - Assessment, Staging, and Management of Middle Stage Dementia, webinar

- August 22 - PHL Data System, webinar
- August 22 - Through the Eyes of Dementia, Shelburne
- August 23 - PHL Data System, webinar
- August 28 & 29 - Fall Prevention Tai Chi, Additional Moves & Recertification, Randolph or Montpelier
- September 15 - Aging in Vermont: Communities on the Move conference, Killington
- September 19 - Person-Centered Interviewing, Randolph
- September 19 - Focus on Family Caregivers, Randolph
- September 22 - Falls Prevention Awareness Day, country-wide
- September 24 - MINDwalk, Burlington
- September 27 - Medicare from A to D, Webinar
- October 2 - Elder Abuse, Exploitation and Self-Neglect, Randolph
- October 4 - Falls in High-Risk Populations, conference, Bedford NH
- October 18 - VT Health Programs, Webinar
- October 25 - Geriatric Pharmacology for the Interprofessional Team, Lebanon NH
- November 6 - Alzheimer's Disease - Overview, Communication and Addressing Behavior Concerns, Randolph
- December 4 - Senior Legal Issues, Randolph
- December 4 - Veterans Benefits and Resources, Randolph

SASH Online

SASH Job Opportunities

Check out **current positions available** with SASH organizations around the state on the [SASH website](#).

SASH Forum

For **current training information**, as well as current tools and resources visit our [SASH forum](#). It is accessed through our website.

SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website sashvt.org.

