

This document shows a picture of where in PHL to enter each part of the old (REDCap) Assessment.

### SASH Assessment

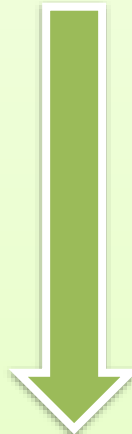
### PHL Location

Date Assessment Completed  
 Name of SASH staff completing assessment  
 Participant's First Name  
 Participant's Middle Initial  
 Participant's Last Name  
 Has signed Use and Disclosure:      Yes      No  
 Date of most recently signed Use and Disclosure  
 Participant's Date of Birth  
 Social Security Number  
 Participant Gender:    Male,    Female,    Transgender,  
 Self-Identified Gender Participant's Race:  
     White  
     African American or Black  
     Asian  
     Hispanic or Latino (White Race only)  
 Address Line 1 \_\_\_\_\_  
 Address Line 2 \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_  
 Zip Code \_\_\_\_\_  
 Is the participant living in the community at large?  
     Yes      No  
 Phone  
 Cell Phone  
 Email  
 Primary Support Contact Information  
 Secondary Support Contact Information

Will AutoFill



CLIENT	CLIENT CONTACT INFO
GOALS/OBJECTIVES	SUMMARY



CLIENT	CLIENT CONTACT INFO
GOALS/OBJECTIVES	SUMMARY

CLIENT	CLIENT CONTACT INFO	INSURANCE
GOALS/OBJECTIVES	SUMMARY	VISIT NOTES

CLIENT'S CONTACTS (click on a row to edit)

METHOD	TYPE	CONTACT INFO
Address	Home	42 home Street ; Rutland; VT 02314

VIEW VISITS		NEW VISIT	
Notes	SASH Coordinator Assessment	General Health Assessment	

CLIENT	CLIENT CONTACT INFO	INSURANCE
GOALS/OBJECTIVES	SUMMARY	VISIT NOTES

ANCE	CONTACTS	NEEDS/
NOTES	FILES	IMMUNIZATIONS

## SASH Assessment

**Insurer:** (circle all that apply)

AETNA  
 APEX  
 BCBS  
 CHAMPUS  
 Cigna  
 Fidelis  
 Medicaid

**Insurance ID number**

**Does participant have documented Advanced Directives?**

Yes No

**Advance Directive Agent's contact information**

**Where is Advanced Directive stored?**

Family Member  
 Home  
 MD Office  
 Vermont Advanced Directives Registry  
 Other

**Does participant have a legal guardian?**

Yes No

**Legal guardian's contact information**

**Does participant have a Power of Attorney for finances?**

Yes No

**Power of Attorney for finances contact information**

**In the past year, has the participant received any of the following services** (select all that apply.)

Area Agency on Aging (AAA)  
 Home Health/Visiting Nurse Association (VNA)  
 Case Management  
 Homemaker (assistance w/ cleaning/household duties)  
 Personal Care (assistance with bathing/dressing)  
 Physical Therapy

## PHL Location

CLIENT'S INSURANCE INFORMATION (click on a row to edit)

INSURANCE NUMBER	INSURANCE TYPE
555-55-5555A	Medicare

4. Advance Directive Agent's contact information

5. Where is Advance Directive stored?

Family Member Home MD Office Vermont A

SELECT or EDIT CLIENT'S NEEDS/BARRIERS (open drop down)

SERVICES BEING PROVIDED

Occupational Therapy; Mental Health Services / Support; Speech Th

SELECT ALL SERVICES PROVIDED

- Homemaker Services
- Personal Care Assistance
- Occupational Therapy
- Physical Therapy
- Respiratory Therapy
- Mental Health Services / Support
- Developmental Services
- Speech Therapy

## SASH Assessment

## PHL Location

Does participant need a referral for additional services? Yes

**Reason for referral?**

- |                    |                           |
|--------------------|---------------------------|
| Asthma             | Health Maintenance        |
| Case Mgt.          | Healthier Living Workshop |
| Dental Health      | Home Care Service         |
| Diabetes           | Housing Assist.           |
| Employment Assist. | HTN Mgmt.                 |
| Family Wellness    | Insurance Assist.         |
| Financial Assist.  | Med. Assist.              |
| Food Assist.       | Mental Health             |
| Health Edu.        | Nutrition Clinician       |

**Specify "other" reason for referral**

**Agency referred to:**

- Area Agency on Aging
- Community Health Team
- Community Mental Health Agency
- Home Health Agency
- Transportation Agency
- Vermont Quit Network
- Other

**Specify "other" agency referred to \_\_\_\_\_**

Do you have a transition of care to document? Yes No

Date of transition

**Type of transition occurred**

- Home to ED
- Home to Inpatient/Hospital
- Hospital to Rehab
- Home to Long Term Care

**Specify "other" type of transition**

**Type of care coordination for transition**

- Med Reconciliation
- Coordination of Home Health Services
- Coordination of Mental Health Services
- Coordination of Substance Abuse Services

**Specify "other" type of care coordination for transition**

Notes	<b>SASH Coordinator Assessment</b>	General Health Asses
DAST-10	Falls History	Columbia - Suicide Severit

6. Does participant need a referral for additional

Yes
  No

7. Reason for referral?

Insurance Assist. ▾

8. Agency Referred To:

Area Agency on Aging ▾

These will auto populate from PatientPing soon. You can enter manually at location below.

Care Utilization	Clinicia
------------------	----------

You can log a "visit" for Transition of Care and note what was done (vitals, med rec, etc) in visit tab.

Visit	Care Utilization
-------	------------------

VISIT TYPE \*  
Wellness Nurse Home Visit ▾

VISIT REASONS  
Transitions of Care ▾

# General Health Assessment

Date assessment completed

Name of SASH staff completing assessment

## Do you have Chronic Conditions to report?

- Addictions - Nicotine Addictions - Alcohol Abuse Addictions - Drugs
- Blood- Anemia
- Cancer/ History of Cancer Chronic Pain
- Endocrine - Diabetes Endocrine - Pre-Diabetes Endocrine - Thyroid Disease
- Gastrointestinal - GERD/Acid Reflux Gastrointestinal Diverticulitis Gastrointestinal - Liver Disease
- Gastrointestinal Ulcerative Colitis/Crohn's Disease

Medical History:

Majority of assessment information is in "Visit" section.

Please put in Notes for now. Working on a better location.

## SASH Assessment

## PHL Location

**How does the participant rate their health?**

- Excellent
- Very Good
- Good
- Fair
- Poor
- Not Done

**Does participant have a primary care provider?** Yes No

**County of Primary Care Provider**

**Primary Care Site**

**Provider Name**

**Provider Contact Information**

**Does the participant routinely have annual exams?**

- Yes
- No

**Does participant routinely receive care from any specialty pro**

**Specialty provider contact information**

### Immunizations

**Pneumococcal Polysaccharide** Yes No

**Vaccine** Yes No

**Influenza Vaccine** Yes No

**Shingles Vaccine** Yes No

Date of Pneumococcal Polysaccharide Vaccine

Date of Influenza vaccine (injectable)

Date of shingles vaccine

**Does participant have a caregiver?** Yes No

**Does caregiver live with participant?** Yes No

**Caregiver name and phone number**

**In the past 7 days, did you need help from others to take care of things such as**

laundry Yes No

housekeeping Yes No

	PHQ9	Hea
ment	<b>General Health Assessment</b>	Social C
	Columbia - Suicide Severity Rating Scale	

et; fairfax; VA - 05672

ion **Clinician** Diagnosis

PHQ9	PHQ9	HEALTH LI
inator Assessment	<b>General Health Assessment</b>	Social Conne
Is History	Columbia - Suicide Severity Rating Scale	

et; fairfax; VA - 05672

ion **Clinician** Diagnosis

Need to go back to "client details" section for Immunizations. Will get fixed in next phase.

ADD VISIT

**CLIENT DETAILS**

ACTS	NEEDS/BARRIERS	
ES	<b>IMMUNIZATION</b>	

NCE	<b>CONTACTS</b>	NEE
OTES	FILES	IM

EMERGENCY CONTACT?

CAREGIVER?

HOUSEHOLD?

Diagnosis	Meds	Allergies
PSMS (ADLS)	<b>IADLS</b>	PHQ2

TELEPHONE

Independent

TRAVELING

SASH Assessment PHL

Location

5

## SASH Assessment

**In the past 7 days, did you need help from others to perform everyday activities such as:**

Eating	Yes	No
Getting dressed	Yes	No
Grooming	Yes	No

**Does the participant use an assistive device for ambulation? Yes/No**

Select assistive devices used:

- cane
- walker
- crutches
- wheelchair
- motorized scooter

**Does the participant need any of the following devices**

- Ramp
- doorways widened
- assistive eating devices
- assistive dressing devices

**Does participant need assistance in obtaining any of the following**

- eyeglasses
- hearing aids
- dentures
- other

**Does the participant have a Personal Emergency Response System (PERS) such as Lifeline or Link to Life? Yes/No**

**Does the participant need assistance managing medications?**

**Where does participant store medications?**

**How does participant dispose of unused or expired medications?**

**General medication comments?**

**Participant's Primary Pharmacy**

**Cognitive Health Screen:**

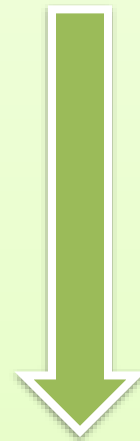
**Clock Drawing total score**

- pass (greater than 4)
- borderline (equal to 4)
- fail (less than 4)

## PHL Location

Diagnosis	Meds	Allergies
PSMS (ADLS)	IADLS	PHQ2
CC Meds	Notes	SASH Coordinator Assessment

IADLS	PHQ2	
Notes	SASH Coordinator Assessment	General



IADLS	PHQ2	
Notes	SASH Coordinator Assessment	General

PHQ2	PHQ9	PHQ15
SASH Coordinator Assessment	General Health Assessment	Social Connections
PHQ2 History	Columbia - Suicide Severity Rating Scale	

PHQ2	Diagnosis	Meds	Allergies
------	-----------	------	-----------

Nutrition Assessment	Falls Risk Assessment
Mini Cog	Gad7

## SASH Assessment

## PHL Location

### Three Word Recall total score

- Pass (greater than 2)
- Borderline (equal to 2)
- Fail (less than 2)

### Category Fluency Total Score

- Pass (greater than 15)
- Borderline (equal to 15)
- Fail (less than 15)

### Total Cognitive Ability Score: Pass Fail

- 2 passes= pass
- 2 fails= fail
- 1 pass, 1 fail, and 1 borderline= fail

### Participant is unable to perform the Cognitive Screen:

- Yes
- No

### Additional information about cognitive assessment

### Has the participant suffered a personal loss or misfortune in the last year?

- No
- Yes, one serious loss
- Yes, two or more serious losses

### PHQ-2 - In the last 2 weeks, how often have you been bothered by... (if total is 3 or greater complete PHQ-9 su

#### a. little interest or pleasure in doing things

1. not at all
2. several days
3. more than half the days
4. nearly every day

#### b. feeling down, depressed, or hopeless

1. not at all
2. several days
3. more than half the days
4. nearly every day

PHQ-2 Total

### Have you wished you were dead or wished you could go to sleep and not wake up?

- Yes
- No

Nutrition Assessment	Falls Risk Assessment
Mini Cog	Gad7

PHQ2	PHQ9	Health Li
Inator Assessment	General Health Assessment	Social Conne
Is History	Columbia - Suicide Severity Rating Scale	

Meds	Allergies	
IADLS	PHQ2	
Notes	SASH Coordinator Assessment	Gener

PHQ2	PHQ9	Health Li
Inator Assessment	General Health Assessment	Social Conne
Is History	Columbia - Suicide Severity Rating Scale	

## SASH Assessment

## PHL Location

**GAD-2, Anxiety Screen: Over the past two weeks how often have you been bothered by..(if total is 3 or greater complete GAD-7 sub**

- |   |   |
|---|---|
| 1. feeling nervous, anxious, or on edge | 2. not being able to stop or control worrying |
| 0 not at all                            | 0 not at all                                  |
| 1 several days                          | 1 several days                                |
| 2 over half the days                    | 2 over half the days                          |
| 3 nearly every day                      | 3 nearly every day                            |

GAD-2 Total \_\_\_\_\_

**How many times in the past year have you had 4 or more drinks in a day?**

- 1 time
- 2 times
- 3 or more times

**How many times in the past year have you used an illegal drug or used a prescription medication for non-medical purposes?**

- 0 times
- 1 time
- 2 times
- 3 or more times

**Within the past 12 months, we worried whether our food would run out before we got money to buy more.**

Yes                      No

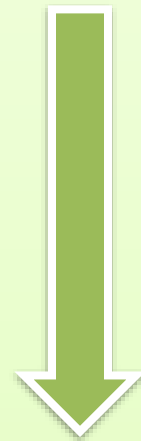
**Within the past 12 months, the food we bought just didn't last and we didn't have money to buy more.**

Yes                      No

**What is your current relationship with tobacco use?**

- |                      |                                      |
|----------------------|--------------------------------------|
| Never                | current exposure to secondhand smoke |
| former               | no for medical reasons               |
| current tobacco user | not performed                        |

PHL	PHL	PHL
PHL	General Health Assessment	Social Connections
PHL	Columbia - Suicide Severity Rating Scale	



PHL	PHL	PHL
PHL	General Health Assessment	Social Connections
PHL	Columbia - Suicide Severity Rating Scale	

Food Insecurity Questions are no longer being asked in SASH Assessment. Optional: Put answers in a note. Food insecurity covered in Nutrition assessment.

PHL	PHL	PHL
PHL	General Health Assessment	Social Connections
PHL	Columbia - Suicide Severity Rating Scale	



# Vitals

Date Assessment Completed

Name of SASH staff completing the assessment

Height (inch)

Weight (lb)

BP SBP

BP DBP

Temperature

Pulse Rate

Home Blood Glucose

Oxygen Saturation %

Pain Scale (please add comments to encounter notes)

0 1 2 3 4 5 6 7 8 9 10

Edema Absent (please add comments to encounter notes)

+1 +2 +3 +4

Med Review

Vitals

## ADD VITALS

BLOOD PRESSURE - SITTING

SYSTOLIC

DIASTOLIC

WEIGHT (lbs)

H

TEMPERATURE (degree F)

PAIN SCALE (0 - 10)

-- SELECT --

A1C NUMBER

OXYGEN SATURATION %

### Falls assessment

Has participant fallen in the past year? Yes No

Approximate date of most recent fall?

Cause of most recent fall?

Disposition of most recent fall?

- ED visit
- Hospital Stay
- Other
- NA

Does participant feel unsteady when standing or walking? Yes

Does the participant worry about falling? Yes No

### MACH-10 Assessment

- Participant is 65+ Y
- Participant has 3+ co-existing conditions Y
- Participant has a history of falls Y
- Participant suffers from incontinence Y
- Participant has visual impairment Y
- Participant has impaired functional mobility Y
- Participant has environmental hazards Participant has Poly Pharmacy (4 or more prescriptions) Y
- Participant has pain affecting level of functioning Y
- Participant has cognitive impairment Y

Fall Risk Total Score (4+ = at risk for falling)

Notes	SASH Coordinator Assessment	General H
MACH-10	<b>Falls History</b>	Columbia - Suici

Assessment	<b>Falls Risk Assessment</b>	SRM
MACH-10	Gad7	SMAS

We are switching from MAHC-10 to the STEADI. You do not need to enter each MAHC-10 question answer. They do not match.

Please put the Fall Risk Total Score In the Fall Risk Assessment Notes Box:

**Fall Risk Assessment**

NOTES

7

SAVE FALL RISK INFO

### Lubben Social Network Scale

How many relatives do you see or hear from at least once a month?

- 1. None
- 2. One
- 3. Two
- 4. Three or four
- 5. Five through eight
- 6. Nine or more

How many relatives do you feel at ease with that you can talk about private matters?

- 1. None
- 2. One
- 3. Two
- 4. Three or four
- 5. Five through eight
- 6. Nine or more

How many relatives do you feel close to such that you could call on them for help?

- 1. None
- 2. One
- 3. Two
- 4. Three or four
- 5. Five through eight
- 6. Nine or more

LSNS-6 Total Score \_\_\_\_\_  
(Score of < 12 suggestive of social isolation)  
(total points from above)

General Health Assessment | Social Connectedness  
Columbia - Suicide Severity Rating Scale

There are now 2 screens in here:  
Lubben Social Network  
And  
UCLA Loneliness Scale

Social Connectedness		
VISIT	SCORE	COMPLETED
05/22/2017	23	True

Lubben Total Score shown in table at top of page

**Phq9**

**In the last 2 weeks, how often have you been bothered by... (a and b answered previously)**

**c. trouble staying or falling sleep, or sleeping too much**

- 0- not at all
- 1several days
- 2more than half of the days 3- nearly every day

**d. feeling tired or little energy**

- 1not at all
- 2 several days
- 3more than half of the days 3- nearly every day

**e. poor appetite or overeating**

- 0- not at all
- 1several days
- 2more than half of the days 3- nearly every day

**f. feeling bad about yourself, feeling that you are a failure or feeling that you have let your family down**

- 0- not at all
- 1several days
- 2more than half of the days 3- nearly every day

**If you checked any problem on this questionnaire, how difficult you to do your work, take care of things at home, or get along**

- not difficult at all
- somewhat difficult
- very difficult
- extremely difficult

PHQ2	PHQ9
Coordinator Assessment	General Health Assessment

CLIENT'S PHQ9 DETAILS (click on a row to edit)

VISIT	PHQ9
05/15/2017	21
08/03/2017	17

Total Score shown in table at top of page

These question answer choices do not match in PHL. Known issue to be fixed. Match as closely as possible.

**Gad7**

**Anxiety Screen: Over the past two weeks how often have you been bothered by...**

**3. Worrying too much about different things**

- 1 Not At All
- 2 Several Days
- 3 Over Half the Days
- 3- Nearly Every Day

**4. Trouble relaxing**

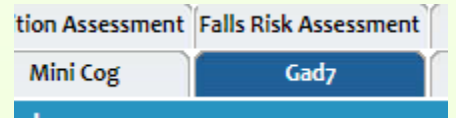
- 1 Not At All
- 2 Several Days
- 3 Over Half the Days
- 3- Nearly Every Day

**5. Being so restless that it's hard to sit still**

- 1 Not At All
- 2 Several Days
- 3 Over Half the Days
- 3- Nearly Every Day

**If you checked of any problems, how difficult have these made care of things at home, or get along with other people?**

- not difficult at all
- somewhat difficult
- very difficult
- Extremely difficult



All 7 GAD questions need to be answered in GAD7 survey. GAD2 answers do not carry over...yet.

Gad7	
VISIT	SCORE
08/05/2017	17

Total Score shown in table at top of page

### Nutrition Assessment

Do you eat fewer than 5 servings (1/2 cup each) of fruits or vegetables every day? (yes= 1 point)

Yes No

Do you have fewer than 2 servings of dairy products or tofu every day? (yes= 1 point)

Yes No

Do you have problems biting, chewing, or swallowing that make it difficult for you to eat?

Check all that apply

- biting
- chewing
- swallowing

Are there times when you do not have enough money to buy the food you need? (yes= 4 points)

Yes No

Do you eat most meals alone? (yes= 1 point)

Yes No

Do you take 3 or more prescribed or OTC medications each day? (yes= 1 point)

Yes No

Have you lost or gained 10 pounds or more in the last 6 months without trying? (yes= 2 points)

Yes No

Are there times when you are not physically able to: (check all)

- shop for food
- cook
- eat on your own

Do you have 3 or more drinks of beer, wine or liquor almost every day? (yes= 2 points)

Yes No

Have you made changes in lifelong eating because of health problems such as diabetes?

Yes No

Do you eat fewer than 2 complete meals a day? (yes= 3 points)

Yes No

Nutritional Checklist Total Score \_\_\_\_\_

Nutrition Assessment	Falls Risk Assessment
Mini Cog	Gad7

CLIENT'S NUTRITION ASSESSMENT DETAILS (click on a row to edit)

VISIT	NUTRITION SCORE
05/15/2017	12
05/22/2017	11
08/03/2017	10

Total Score shown in table at top of page

**S-MAST-G**

**When talking to others, do you ever understate how much you actually drink?**

Yes No

**When drinking, have you sometimes skipped a meal because you did not feel hungry?**

Yes No

**Does having a few drinks help reduce shakiness or tremors?**

Yes No

**Does alcohol sometimes make it hard for you to remember parts of a day or night?**

Yes No

**Do you usually take a drink to relax or calm your nerves?**

Yes No

**Do you drink to take your mind off problems like feeling alone or being in physical or emotional pain?**

Yes No

**Have you increased your drinking after experiencing a loss in your life?**

Yes No

**Has a doctor, nurse, or other health care provider ever said that they were concerned about your drinking?**

Yes No

**Have you tried to reduce your drinking from your own concern or to try to manage the amount of your drinking?**

Yes No

**When you feel lonely, does having a drink help you feel better?**

Yes No

**S-MAST-G total Score** \_\_\_\_\_

**Do you drink alcohol and at the same time use mood or mind altering drugs,?**

Yes No

d7	<b>SMAST-G</b>	Audit
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SMAST-G	
VISIT	SCORE
08/05/2017	5

**Audit**

**1. How often do you have a drink containing alcohol?**

- 1 never
- 2 monthly or less
- 3 2 to 4 times a month
- 4 2 to 3 times a week
- 5 4 or more times a week

**2. How many drinks containing alcohol do you have on a typical day when you are drinking?**

- 1 never
- 2 monthly or less
- 3 2 to 4 times a month
- 4 2 to 3 times a week
- 5 4 or more times a week

**3. How often do you have 5 or more drinks on one occasion?**

- 1 never
- 2 monthly or less
- 3 2 to 4 times a month
- 4 2 to 3 times a week
- 5 4 or more times a week

**4. How often during the last year have you found that you were not able to stop drinking once you had started?**

- 1 never
- 2 monthly or less
- 3 2 to 4 times a month
- 4 2 to 3 times a week
- 5 4 or more times a week

**5. How often during the last year have you failed to do what was normally expected of you because of drinking?**

- 1 never
- 2 monthly or less
- 3 2 to 4 times a month
- 4 2 to 3 times a week
- 5 4 or more times a week

**AUDIT Total Score** \_\_\_\_\_

(total points from above)

SMAST-G	<b>Audit</b>	DAST-10
---------	--------------	---------

Audit	
VISIT	SCORE
08/05/2017	21



## SASH Assessment

## PHL Location

### Healthy Living Plan

#### What are participant's self-reported health and Education wellness

Employment	Improved Social support
Medication Medical	Food and Nutrition
Equipment Legal	Financial stability
assistance	Recreation
Transportation	Alcohol / drug use
Housing	Mental Health
Provider Relationship	Benefits and programs
Management of health	Volunteer
conditions	Parenting

Specify "other" type of goal \_\_\_\_\_

#### What are participant's self-reported obstacles to Access to care meeting health and wellness goals?

Eligibility	Hearing deficit
Communication among providers	Visual deficit
Needed support resource is at capacity	Lack of computer/internet access
Physical health	Caregiver support
Mental Health	Financial
Medical diagnosis is unclear	Past or present abuse/trauma
Symptoms are not well managed	Addiction
Literacy	Transportation
	Interpersonal relationships

specify "other" obstacles \_\_\_\_\_

#### Participant's current stage of change

Pre-contemplation  
contemplation  
preparation  
action  
maintenance

#### Self-Management Goal Assessment

no effort  
some effort  
successful effort  
not assessed

CLIENT	CLIENT
GOALS/OBJECTIVES	ST

#### ADD A GOAL

NEEDS/BARRIERS CATEGORY

GOAL

Chronic Condition Education

-- SELECT --

Alcohol / drug use

Budgeting / Finance

Chronic Condition Education

Dental

GOAL

Chronic Condition Education

Learn portion control and low salt foods to help with high blood pressure.

TS	NEEDS/BARRIERS	
	IMMUNIZATION	

#### SELECT or EDIT CLIENT'S NEEDS/BARRIERS (open drop down

SERVICES BEING PROVIDED

Case Man

Skip

CASE MANAGEMENT

Choices for Care - Moderate Needs

FOOD

HOUSING

Find category in dropdowns above with matching Need or Barrier to goal.

Stage of change not capture. Can used "notes"

Goal Assessment = Goal Status

STATUS

Partially Complete

-- SELECT --

New

Review

Achieving