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Participants from Wright House in Shelburne Enjoy Mini Golf

SASH in the News

SASH Participates in the Attorney General's Elder Protection Listening Tour

Shout out to SASH DRHOs for meeting with Jamie Renner, Attorney General of Vermont, and being a voice of statewide needs for older Vermonters.

[Continue Reading](#)

[Watch the Launch of the Elder Protection Initiative on FaceBook](#)

New SASH Intranet "STAR"

Welcome to "STAR"

Check out all of the wonderful tools and resources in the new SASH Intranet! Log in and fill out the quick survey on the home page to provide feedback to the development team. Enjoy!

[Log In Here](#)



Show Us Your CHLP

There's a new way to submit your CHLP! If you haven't already uploaded your July-December 2018 Community Healthy Living Plan to the old forum, please [submit it here](#). You can also find the form in STAR by hovering your mouse over "Shared Resources" at the top, hovering over "CHLPs" and clicking on "CHLP Submission Form." Use the form to submit your CHLP, and we'll take care of posting it [here](#) for everyone else to see.

If you have already uploaded your CHLP to the old forum, don't worry. All CHLPs for 2018 will be moved over to STAR in the near future.

SASH Team Resources & Updates

SASH Annual Staff Training Day Follow-UP

A big thanks to all who responded to our survey. According to the 65 responses we received, the SASH Annual Training Day was a huge success.

- 83% of staff felt that the training was good or excellent.
- More than 80% felt that the contents and discussions with others were helpful to the work you are doing on a daily basis.

One area where respondents felt that we could improve on was the location being comfortable, convenient and conducive to training (76%). Understanding that concern we wanted to share a few of the reasons for the location.

- We have collaborated with Dartmouth on this day, they help with some funding, obtaining speakers, some organization, and our ability to offer CEU credits.
- In exchange for all of their assistance we agree to meet in West Lebanon.

Congratulations Lisa Gwozdz on winning the gift card for filling out the evaluation! Thank you all for your feedback and suggestions for next year's topics!

Alzheimer's Association - SASH Toolkit & Referral Program

alz.org[®] |  alzheimer's association

During the June SASH Coordinator webinar, Pamela Beidler, the Director of Programs and Outreach for the Alzheimer's Association Vermont Chapter, shared useful information about the services provided by her organization. The new SASH Intranet "STAR" now contains the Alzheimer's Association - SASH Toolkit. This page contains more than 30 resources to provide support for staff, caregivers and participants feeling challenged with dementia.

In addition, Pamela also informed the SASH team that we will now be able to make direct referrals to the Alzheimer's Association via phone call, fax or an online form. To access the Toolkit and the direct referral information [click here](#) to be directed to the [intranet page](#).

Shingles Vaccine

There's a new vaccine available for shingles, a disease caused by the same virus that causes chicken pox. It's significantly more effective, and for a longer length of time, than the old vaccine. And if you're an adult between the ages of 50 and 64, the state will pay for you to get it.

[Learn More Here](#)

2nd Quarter Winner for Photo Contest

The winner of the \$25 gift card for programming of her choice goes to *Susan Abell* of Wright House and Grand Way Common in Chittenden County; congratulations! Keep those photos coming!



[Entry Form](#)

Wellness Nurse Corner

Diabetes message

Dear SASH Staff -

During this year of 2018, we are very excited to take the lessons we have learned with Hypertension management and apply those lessons to our work with SASH Participants who have Diabetes. Diabetes is a growing epidemic and there are many initiatives to bring the care into the community across the country.

I think it's important to remember WHY we do what we do and the impact you all can have. [Take 2 minutes and listen to Troy](#), he will inspire you with your work - SASH is so important to people like him, and SASH is the staff, you, that make a difference every day.

Sincerely,
Molly

SASH Flash Grab 'n' Go

August Is

- [National Immunization Awareness Month](#)
- [Psoriasis Awareness Month](#)

Nutrient Needs for the Older Adult Population

Compiled by the UVM MSD nutrition student Jessica Fisher working at Grand Way

Vermont 211 Searchable Website Updated!

Please visit www.vermont211.org and click on "blue rectangle" that is part of every page on our website.

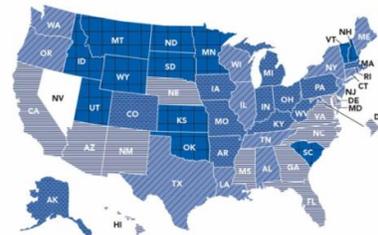
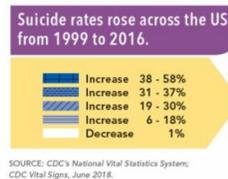


The link guides you to the new/improved searchable [Community Resource Directory](#).

PODCAST/TED Talks

Vermont Suicide Rate Climbs

"New data shows a sharp rise in the nationwide suicide rate, and Vermont's rate is significantly above the national average." Says VPR's Vermont Edition. Listen to the podcast [here](#) for more information.



What is SASH doing to address this epidemic?

- Trained 21 SASH Staff to lead U-Matter classes with their participants. They have offered this course to 114 participants in the past 8 months! We are hoping to continue offering this course and to train additional leaders this year. If you already are a trained leader remember to notify us when you hold a class and let us know how many people attended. If you would like to become a trained leader keep watching the Beat where we will announce additional training opportunities
- C-SSRS: we have added the Columbia Suicide Severity Rating Scale to our list of validated screens and trained all SASH Staff throughout the state on this tool.
- Implemented the one question screen to our initial assessment and our annual reassessment
- Serve as active members of the Vermont Suicide Prevention Coalition

If you are interested in learning more or becoming more involved please reach out to [Melissa](#). Thank you all for taking on this important work.

PHL Q&A

PHL Assistance is Here for You!

If you are having an issue with PHL in any way, contact the help desk! Think of it as your maintenance team, always here to help.

To access the PHL help desks use these simple

steps:

- 1) Open a new email and address the message to SASH@cathedralsquare.org
- 2) Put PHL in the subject line! (This ensures that the message gets to the help desk!)
- 3) Include as much detail in your message as possible. (ex: participant name, CBO number, what the issue is, when it was happening, etc.)

* Please encrypt any message that may have PHI in it.



[Sample PHL Help Desk Email](#)

Monthly Webinars

SASH Coordinator Webinar

[Register for the Webinar Here](#)

Agenda: Statewide Updates, Guest presenter Dan Norris from the VT Association for the Blind & Visually Impaired (VABVI)

NOTE: The August SASH Coordinator Webinar is cancelled

Wellness Nurse Webinar

Friday, July 13, 2018 at 8:00 am

[Register for the Webinar Here](#)

Topic: Diabetes Medication Overview with guest presenter Martin Irons, RPh, CDE, Beauchamp & O'Rourke Pharmacy

PHL Q&A Webinar

Tuesday, July 17 at 9:00 a.m.

[Register for the Webinar Here](#)

SASH Staff & Panel Updates

SASH Directory Updates

Welcome:

- Jennifer Baker, Wellness Nurse, Town Meadow/Jeri Hill & Whitcomb Woods/Terrace, Chittenden County
- Syndi Zook, SASH Coordinator, Thayer House, Chittenden County
- Sharon Snow, SASH Coordinator, Town Meadow/Jeri Hill & Kelley's Field, Chittenden County
- Solange Parra, SASH Coordinator, Saint Elizabeth Place, Rhode Island

Help us keep the SASH directories up to date:

- [Review Your Team](#)
- [Make Changes to Your Team List](#)

Upcoming Professional Development Opportunities

Statewide Opportunities

Click on the [calendar](#) for further details on the trainings below.

- July 3 - **Discovering the Full Superpowers of DSMES** (Center for Disease Control - CDC), webinar
- July 10 - **Navigating Infection Control and Antimicrobial Stewardship in Long-Term Care** (New England QIN-QIO), webinar
- July 24 & 25 - **COPD Educational Course** (Vermont Lung Association), Williston
- August 17 - **Healthy Living Workshop (HLW) Refresher** (for current CDSMP, DSMP, & CPSMP leaders) (UVM Health), Randolph
- August 24 - **Healthy Living Workshop (HLW) Refresher** (for current CDSMP, DSMP, & CPSMP leaders) (UVM Health), Rutland
- September 10 - **Motivational Interviewing Basics** (VT Association for Mental Health & Addiction Recovery), Morrisville
- September 14 - **Healthy Living Workshop (HLW) Refresher** (for current CDSMP, DSMP, & CPSMP leaders) (UVM Health), Williston
- September 27-30 - **16th Annual International Restorative Medicine Conference** (UVM College of Nursing & Health Sciences and VT Association of Naturopathic Physicians), Burlington
- October 9 - **30th Annual Brain Injury Conference** (Brain Injury Association of Vermont), Burlington

SASH Online

SASH Job Opportunities

Check out **current positions available** with SASH organizations around the state on the [SASH website](#).

SASH Intranet

For **current training information**, as well as current tools and resources visit our [SASH Intranet](#). It can also be accessed through our website.

SASH Website

For the most **up-to-date contact listing and referral forms** visit our SASH website [sashvt.org](http://www.sashvt.org).



SASH[®] a caring partnership
SUPPORT AND SERVICES at HOME

Keep in touch!

SASH Referrals | Statewide Contacts | Admin Team | Website