Polly Thibault smiles at her mother, Irene Montgomery, who got her dangerously high blood pressure under control within a month of moving to a SASH housing host in Milton and getting involved in the program.

SASH Partners Launch Mental Health Pilot

An innovative pilot program to enhance mental health and substance-use treatment services is underway at two Cathedral Square housing communities in the Burlington area. A collaborative effort with one of our core SASH partners, the Howard Center, the program integrates a Howard Center clinician into the existing SASH team, with the goals of providing timely care and avoiding unnecessary hospital visits. The initiative is funded by OneCare Vermont. Learn More

Partner Kudos

Just before the holidays, the Southwestern Vermont Medical Center, a SASH partner organization, hosted a celebration for the SASH partnership there, where the work of the Community Care Team has led to a 44% decrease in emergency-room visits. Learn More

The Windham & Windsor Housing Trust, a SASH housing host, has received a $125,000 grant from the TD Charitable Foundation that will help the trust complete its Great River Terrace supportive-housing project. Learn more

The Vermont Blueprint "Hub & Spoke," Vermont's system
Regional HUD Administrator Sees SASH at Work

HUD Regional Administrator David Tilley recently got a firsthand look at SASH, touring the operation at Cathedral Square Senior Living in Burlington and sitting in on a telehealth demonstration. Following his visit, he wrote that he was "impressed with [the] Support and Services at Home program," adding, "The SASH model clearly improves the quality of health outcomes for our seniors. The demonstration, which highlights a new approach to health care visits while saving patients and providers time and money, was also inspiring." Pictured from left: David Tille, HUD regional administrator; Kim Fitzgerald, Cathedral Square CEO; Mike McNamara, director of HUD's Vermont field office.

Gerontology Symposium Adds Caregiver Focus

New in 2018, Vermont's annual Gerontology Symposium is designed for both family and professional caregivers and it will be held only in Burlington (unlike past years, there will be no Rutland session).

Titled "Caregiving for Persons Living with Dementia: Families & Professionals Working Together," it takes place Monday, March 26, at the Burlington Hilton. Learn More

Professional Development Opportunities

Visit the SASH Calendar for details about these and other opportunities:


- February 13: Integrating Music Therapy into Palliative & Hospice Care, Alleviating Distress and Improving Comfort (UVM Integrative Health), Burlington

- March 6: Culinary Medicine: Mediterranean Diet in Clinical Medicine (UVM Integrative Health), Burlington
- March 14: Stepping Forward Together: The Conversation Continues - Working with Community Providers, First Responders & Educators to Advance Equity & Cultural Competency (Vermont Care Partners), Burlington

- March 26: 2018 Gerontology Symposium: Caregiving for Persons Living with Dementia: Families & Professionals Working Together (UVM Center on Aging), Burlington

**SASH Online Resources**

**SASH Website:** For the current contact list and referral forms, visit [sashVT.org](http://sashVT.org).

**SASH Forum:** For training information, staff tools and resources, visit the [SASH Forum](http://sashVT.org).

**SASH Job Opportunities:** Learn about available positions statewide.

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