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SASH was well-represented at May's NERSC conference in Maine. Pictured here (L-R) are SASH staff members Kathrynn Titus, Pilar Paulsen, Jen Hunter and Sabine Chabot, who attended from Vermont.

## Summertime, and the Heat Is Deadly

The deaths of two 87-year-old Brattleboro residents due to extreme heat and humidity in mid-June serve as a tragic reminder that older adults can be particularly vulnerable to heatstroke. SASH coordinator Nancy Reynolds represented SASH at April's "Hot Weather & Health Summit" in Burlington. Among other things, she learned that the **National Weather Service is now using lower heat-alert thresholds for our region**. Discussion centered on communication and outreach, emergency preparation and response and long-term adaptation plans.



### Recommendations & Resources

- [Sign up to receive severe-weather alerts](#) (which include heat waves) for your area from the National Weather Service.
- [People who may need extra assistance during an emergency should register with E911-CARE](#), the Citizens Assistance Registration for Emergencies program administered by the United Ways of Vermont, Vermont 211 and E911.
- [Preparing for Hot Weather Impacts on Health in Vermont](#)
- [Additional Resources to Help Plan Ahead for Extreme Heat](#)
- [National Weather Service's Burlington Heat Program](#)

- [Climate & Health Adaptation Plan](#)
- [Climate Change, Heat Illness & Urban Heat Islands](#)
- [Facts about Exertion-Related Heat Illness](#)
- [Breakout Group Summaries from the Vermont Hot Weather & Health Summit](#)

## Howard Center's 'First Call' Expands Reach in Chittenden County

[First Call for Chittenden County](#), a program of the Howard Center previously focused on youth and young adults, is now available to people of all ages. All it takes is a call to 802-488-7777 to access help in a crisis or for support or information about community services. Clinicians offer phone support, interventions, in-person assessments and referrals.



## Grant Program Connects Affordable Housing and Fresh Fruit & Veggies

With financial support from the Vermont Housing & Conservation Board, the Vermont Community Foundation and the High Meadows Fund, the Kelley's Field SASH panel (Hinesburg) worked with the Vermont Community Garden Network this past year to create a community garden at the site. A number of other organizations also received grants through this program, which is aimed at improving access by residents in affordable-housing communities throughout Vermont to fresh, locally grown fruits and vegetables. The grant deadline has passed for 2017, but you can still [learn about it here](#) to plan for next year.



*Residents at Kelley's Field meet to plan their garden.*

## Resources, Reports & Revelations

[Projections & Implications for Housing a Growing Population: Older Households 2015-2035](#), the latest report from Harvard's Joint Center for Housing Studies, cites the pressing need for "affordable, accessible housing that is well connected to services far beyond what current supply can meet." The report notes that people aged 65+ will comprise 20 percent of the U.S. population and one in three heads of households by 2035.



The June issue of *The Nation's Health*, a monthly newsletter from the American Public Health Association, includes [an article about Vermont's 3-4-50 campaign](#) to reduce chronic disease. SASH and our partners in housing and health are key players in this initiative.

June 15 was "World Elder Abuse Awareness Day," and Joe Nusbaum, Vermont's assistant director for adult protective services, appeared on WCAX's "Across the Fence" to discuss **what to do when you suspect a vulnerable adult is being neglected or abused**. [View a video of the broadcast here](#).

# Professional Development Opportunities

[Click here for the full calendar of events, with links to details for each listing here.](#)

- June 28 - Living with Alzheimer's for Younger-Onset Alzheimer's, Colchester
- June 28 - OneCare Vermont Grand Rounds: Annual Wellness Visit, WebEx
- August 8 - PHL Data Systems Hands-On Training, CCV Montpelier
- August 8 - PHL Data Systems Hands-On Training, CCV Winooski
- August 9 - PHL Data Systems Hands-On Training, CCV Brattleboro
- September 15 - Aging in Vermont: Communities on the Move conference, Killington
- September 19 - Person-Centered Interviewing, Randolph
- September 19 - Focus on Family Caregivers, Randolph
- September 27 - Medicare from A to D, Webinar

## SASH Online

### SASH Job Opportunities

We're seeking a [Data Systems Manager](#)! Learn more about this and [other available positions](#) with SASH organizations statewide.

### SASH Forum

For **current training information** as well as staff tools and resources, visit the [SASH Forum](#) on our website.

### SASH Website

For the most **up-to-date contact list and referral forms**, visit [sashvt.org](http://sashvt.org).



**SASH**<sup>®</sup> *a caring partnership*  
SUPPORT AND SERVICES at HOME

### Keep in touch!

[SASH Referrals Statewide Contacts](#) | [Admin Team](#) | [Website](#)